

Getting a diagnosis of a learning disability



Factsheet

An equal society for every person who has a learning disability

Getting a diagnosis of a learning disability

A learning disability can be diagnosed at any time. A child may be diagnosed at birth or during the early childhood development years. For some it could be many years before a diagnosis is received, while others may go through life without ever receiving an official diagnosis.

Hearing for the first time that your child has a learning disability can be very stressful, and many parents tell us the experience is extremely isolating.

This can be a time of extreme anxiety and adjustment for the whole family as you come to terms with the diagnosis and what it means for the future.

Families tell us:

- they don't know where to go for help
- they need someone to talk to who understands
- they can feel isolated
- whole families need support
- with the right help and support the future looks a lot brighter

This is where we can help.

Our experience can:

- support you to make a plan for a positive future
- understand how the diagnosis shapes the support and services you can access
- support your whole family
- put you in touch with people who understand and may be able to offer support
- offer free, independent and impartial advice and support
- Introduce you to groups near you that may become part of your support network.
- Introduce you to workshops for parents on relevant topics e.g. Positive Behaviour Support (PBS) and Financial Inclusion.

If you need more information please contact

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