

Scoring the AUDIT

Instructions:

For each answer that you circled, write the corresponding number on the line to the right of the question. Then, add those numbers to get a "Total" at the bottom of the page.

1. In the past 3 months before entering this programme, how often did you have a drink containing alcohol?

Never	Monthly or less	Two or four Times a month	Two or three times a week	Four or more times a week	___
0	1	2	3	4	

2. In the past 3 months before entering this programme, how often did you have six or more drinks on one occasion?

1 or 2	3 or 4	5 or 6	7 to 9	10 or more	___
0	1	2	3	4	

3. In the past 3 months before entering this programme, how often did you have six or more drinks on one occasion?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily	___
0	1	2	3	4	

4. How often during that last year have you found that you were not able to stop drinking once you had started?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily	___
0	1	2	3	4	

5. How often during the last year have you failed to do what was normally expected from you because of drinking?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily	___
0	1	2	3	4	

6. How often during the last year have you needed to drink first thing in the morning to get yourself going after a heavy drinking session?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily	___
0	1	2	3	4	

7. How often during the last year have you had a feeling of guilt or remorse after drinking?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily	___
0	1	2	3	4	

Scoring the AUDIT (page 2 of 2)

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily
0	1	2	3	4

9. Have you or someone else been injured as a result of your drinking?

No	Yes, but not in the last year	Yes, during the last year
0	2	4

10. Has a relative or friend, or a doctor or other health worker, been concerned about your drinking or suggested you cut down.

No	Yes, but not in the last year	Yes, during the last year
0	2	4
