

# WHAT CAN ALCOHOL DO?

## Brain

Headaches, Blackouts, Delusions, Paranoia, Forgetfulness, Impaired Judgement, Decline in IQ, Dementia, Epileptic fits, Wernickes disease (due to vitamin deficiency), Haemorrhage, Peripheral neuritis, Korsakoff's psychosis & Death

## Nervous System

Peripheral neuritis - degeneration of the nervous system supplying limbs

## Throat

Pressure on portal circulation- risk of haemorrhage. Increased incidence of cancer - 40x if smoker

## Lungs

A small amount of alcohol escapes unused via breath 2-4%

## Gullet

Corrosive effect - risk of cancer

## Liver

Fatty cells, tissue scarring, jaundice, hepatitis, irreversible cirrhosis - the liver breaks down 90% of alcohol consumed

## Muscles

Degeneration, weakness, pain

## Heart

Weak & "fatty" heart, weakening of heart muscles, high blood pressure. Anaemias due to decreased absorption of vitamins.

## Kidneys

A small amount of alcohol escapes unused via urine 2-4%

## Stomach

Gastritis, peptic ulcer (direct corrosive effect)

## Pancreas

Bad digestion, malnutrition, early diabetes

## Fingers

Pins & needles

## Sweat Glands

A small amount of alcohol escapes unused via sweat glands 2-6%

## Intestines

Inflammation (corrosion from alcohol)

## Sex Organs

### Male

Depressed testicular production, impotence, breast growth due to female hormones not broken down by liver

## Nervous System

Malfunctions, skakiness, tremors

### Female

Failure to ovulate, spontaneous abortion

## Bones

Degeneration - risk of fracture

