

## Alcohol Use Disorders Identification Test (AUDIT)

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### Instructions

Please circle one answer for each question about your use prior to entering this session.  
(One drink is equal to one can, glass, or bottle of beer, one shot of liquor or one mixed drink, or one glass of wine.)

1. In the past 3 months before entering this programme, how often did you have a drink containing alcohol.

Never	Monthly or less	Two or four Times a month	Two or three times a week	Four or more times a week
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2. In the past 3 months before entering this programme, how many drinks containing alcohol do you have on a typical day when drinking?

1 or 2	3 or 4	5 or 6	7 to 9	10 or more
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3. In the past 3 months before entering this programme, how often did you have six or more drinks on one occasion?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily
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4. How often during that last year have you found that you were not able to stop drinking once you had started?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily
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5. How often during the last year have you failed to do what was normally expected from you because of drinking?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily
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6. How often during the last year have you needed to drink first thing in the morning to get yourself going after a heavy drinking session?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily
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7. How often during the last year have you had a feeling of guilt or remorse after drinking?

Never	Less than monthly	Monthly	Weekly	Daily or almost daily
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8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

Never      Less than monthly      Monthly      Weekly      Daily or almost daily

9. Have you or someone else been injured as a result of your drinking?

No      Yes, but not in the last year      Yes, during the last year

10. Has a relative or friend, or a doctor or other health worker, been concerned about your drinking or suggested you cut down.

No      Yes, but not in the last year      Yes, during the last year